KEYNOTE SPEAKERS
Alison Barrett, Hannah Dahlen, Sara Wickham
AND another 30 speakers including Rhea Dempsey, Paula Dillon, Carolyn Hastie and Sarah George.

PLUS
• Pre-Conference Workshops on 9 & 10 May with Sara Wickham (UK), Ginny Phang (Singapore), Rhea Dempsey (Aus) and Christina Smillie (USA)
• Post-Conference Spinning Babies (repeat) Workshop with Ginny Phang on 13 May
• Evening consumer forum with Melissa Fox, Rebecca Jenkinson and Jessie Johnson-Cash
• Conference Dinner at The Pullman King George Square Hotel
• Film previews and Red Tent space

PLUS
• Breastfeeding Seminars with Christina Smillie in Sydney, Melbourne and Canberra (and Brisbane Pre-Conference). (See separate flyer for tour details)
The first mentioned time is when registration opens. Check your confirmation letter, or the program, for the actual starting times.

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<tr>
<th>Date</th>
<th>Location</th>
<th>Hotel</th>
<th>Speaker</th>
<th>Session Title</th>
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<tr>
<td>Friday 5 May</td>
<td>Sydney</td>
<td>Pullman Hyde Park</td>
<td>Christina Smillie</td>
<td>Breastfeeding: Assessment and Support</td>
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<td>0800-1600</td>
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<tr>
<td>Saturday 6 May</td>
<td>Melbourne</td>
<td>Mercure Treasury</td>
<td>Christina Smillie</td>
<td>Breastfeeding: Assessment and Support</td>
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<td>Monday 8 May</td>
<td>Canberra</td>
<td>Mercure Canberra</td>
<td>Christina Smillie</td>
<td>Breastfeeding: Assessment and Support</td>
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See separate flyer (or website) for details on these Tour workshops as sessions start at 0830, different to others below.

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<th>Date</th>
<th>Location</th>
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<tbody>
<tr>
<td>Tuesday 9 May</td>
<td>Brisbane</td>
<td>Sara Wickham</td>
<td>Labour Progress</td>
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<td>0730-1700</td>
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<td>Tuesday 9 May</td>
<td>Brisbane</td>
<td>Rhea Dempsey</td>
<td>Education for Normal Birth</td>
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<td>Wednesday 10 May</td>
<td>Brisbane</td>
<td>Ginny Phang</td>
<td>Spinning Babies</td>
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<tr>
<td>Wednesday 10 May</td>
<td>Brisbane</td>
<td>Melissa Fox, Rebecca Jenkinson, Jessie Johnson-Cash</td>
<td>Consumer Forum, Birth Options, Rights and Negotiating the System</td>
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<td>Thursday 11 May</td>
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<td>Conference Day 1</td>
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<td>Thursday 11 May</td>
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<td>Saturday 13 May</td>
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All Brisbane events will be at the Pullman King George Square Hotel. (See Page 10 for access and transport information.)

Workshop speaker information is on Pages 3-4 and Conference speakers on Page 9-10.

The program is subject to change without notice. Check the website regularly for any changes that may become necessary.

We recommend that you add these email addresses to your address so you don’t miss important emails.

office@capersbookstore.com.au and events@capersbookstore.com.au
**Labour Progress**

*Sara Wickham RM BA(Hons) PGCert MA PhD*

*Sara Wickham* is a midwife, educator, writer and researcher. Sara’s career includes 20 years of experience as a midwife, lecturer and researcher. She is the author/editor of 15 books, and has been the editor of 3 midwifery journals and lectured in more than 20 countries.

### 0900-1030

**Labour progress: starting with women's stories**

Participants are invited to share their experiences and learning needs in this area, as well as stories of women whose births they have attended. This enables us to link the evidence to the issues that are important for participants. We will discuss the importance of ‘herstory’ before moving on to an overview of the history of labour progress and how the assessment of this is deemed a vital part of midwifery practice, but one that is not without challenges.

### 1030-1100

**Morning Tea**

### 1100-1230

**Labour progress: From the herstory and the history to the evidence**

This session will offer analysis of recent evidence and consider its value. We will consider national and international guidance in this area, and will look at some of the methodological issues that arise when we consider the value of research carried out in countries that have less advanced systems of care: focusing at all times on how we can apply knowledge in practice and raise and provide woman-centred intrapartum care.

### 1230-1330

**Lunch**

### 1330-1500

**Assessing and enhancing labour progress: Midwives’ ways of knowing**

Perhaps because some of the research evidence in this area is lacking, midwives and other birth workers have developed a number of alternative ways of assessing and enhancing women's progress in labour. We focus mainly on questions around the need to adapt and think ahead, considering context and the use of midwifery knowledge in a variety of ways.

### 1500-1530

**Afternoon Tea**

### 1530-1700

**Scenarios and discussion**

This final session uses a combination of small and large group discussions to explore strategies and tools which can be used in practice and ways in which midwives can continue to practise safely and effectively in this area.

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**Education for Normal Birth**

*Rhea Dempsey TPTC DipCBE GradDipCouns&HumServ*

*Rhea Dempsey* is an Independent Childbirth Educator, Trainer, Birth Attendant and Counsellor (with a Certificate in Gestalt Therapy). As a birth attendant, Rhea has been privileged to attend more than 1000 births in hospitals and home settings. She is the author of the popular *Birth with Confidence: Savvy Choices for Normal Birth.*

Teaching ideas and updates for the new or experienced educator teaching in any setting, as well as for doulas and midwives. The focus will be on the importance of normal physiological birth and preparing women and couples for this.

It’s an interactive day. Topics include:

- In childbirth education, everything old is new again
- Health Literacy
- Autonomy and Birth Plans
- Increasing connection – couple, baby
- Pain Dynamics
- The emotional and physical links
- Boosting pain tolerance
- Birth space, birth circuit, birthing instincts versus pain instincts, breathing, wave release, water immersion, music, birth dancing.
- Resources for educators

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**Books by Rhea and Sara will be available at the Workshops.**
**Breastfeeding: Assessment and Support**

**Christina Smillie MD FAAP FABM IBCLC**

Christina Smillie is a paediatrician with 30 years’ experience. She has two adult children and one grandchild. Her practice, founded in 1996, was the first private medical practice in the United States to focus exclusively on the specialty of breastfeeding medicine. Dr Smillie features in the bestselling DVD *Baby-led Breastfeeding.*

This Breastfeeding workshop will also be presented in Sydney, Melbourne and Canberra but the times are earlier. Please check your emails and the website for details.

**0900-1030 Breastfeeding: What do hands have to do with it?**

We’ll look at how mothers and babies use their hands instinctively while breastfeeding, and describe several manual techniques for the prevention and treatment of a variety of breastfeeding problems.

**1030-1100 Morning Tea**

**1100-1230 Sleeping on the job: What late preterm, jaundiced and underweight babies all have in common, and the path to effective breastfeeding**

When newborns are sleepy feeders, one problem can lead to another. We’ll look at how flow-dependent feeding creates a vicious cycle that slows milk production, what to do about it, and how to prevent problems in the first place.

**1230-1330 Lunch**

**1330-1500 Examining the lactating breast and the breastfeeding baby**

Clinical pearls: Using magnification, soft palpation, and the rolling manoeuvre to evaluate nipples. Distinguishing a healthy normal posterior frenulum from a restrictive one. Why a “strong suck” is not necessarily a good one...

**1500-1530 Afternoon Tea**

**1530-1700 Nipple pain**

Yeast isn’t the only cause of nipple pain. We’ll look at a variety of nipple afflictions, their differing histories, exams, and management—from straightforward injuries to complex issues with multiple interacting breastfeeding, breast, nipple, mouth and mother-baby issues.

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**Spinning Babies**

**Ginny Phang**

Ginny Phang was selected to be one of only 6 Spinning Babies trainers worldwide. Ginny is a doula (birth and postpartum) and trainer and a HypnoBirthing practitioner and trainer. She manages a Singapore-based business Four Trimesters, and has a goal to establish a spiritual birth centre there.

A 2nd Spinning Babies workshop will be held on Saturday 13 May: same times, venue and cost. Please bring a rebozo or large shawl.

**0900-1030**

- History of Spinning Babies
- Why Spinning Babies matters?
- Principles of Spinning Babies: Balance, Gravity & Movement
- Mother’s anatomy
- Right Obliquity – Fetal Position

**1030-1100 Morning Tea**

- Belly Mapping
- Balance in Pregnancy through the “3 sisters of balance”
- Using gravity with Rest Smart positions through posture
- Daily activities

**1230-1330 Lunch**

- Cardinal Movements
- Levels of the pelvis
- Labour pattern presentations

**1500-1530 Afternoon Tea**

- Recognizing the malposition in labour
- Techniques to use with certain labour presentations
- Discussion and Feedback

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**Consumer Forum**

6.30-8.30pm, Wednesday 10 May

**Birth Options, Rights and Negotiating the System**

Speakers: Melissa Fox, General Manager, Health Consumers Queensland; Rebecca Jenkinson, Consumer advocate and PhD Candidate; Jessie Johnson-Cash, Midwife and lecturer.

Register separately online for this Forum. Starts at 6.30pm
THURSDAY 11 MAY

0730-0900  Conference Registration - Tea/coffee

0900-1030  PLENARY SESSION

Welcome to Conference
A woman-centred obstetrician: The Challenges
Alison Barrett BSc MD FRCS(Can) FRANZCOG
What influences obstetricians’ practice – medical education, culture, fear of litigation, peer pressure? Is motherhood valued? What will it take to change many obstetricians’ approach to normal physiological birth.

Responding to risk
Sara Wickham RM BA(Hons) PGCert MA PhD
Our culture’s focus on risk affects both the providers and recipients of maternity care. We understand how it affects care, women and families, but what can individuals do to reduce its influence and restore personal power?

1030-1100  Morning Tea

1100-1230  CONCURRENT SESSIONS
You attend either 101, 102 or 103 for the entire session

Session 101
Rounding up the Evidence
Sara Wickham RM BA(Hons) PGCert MA PhD
It’s hard for busy practitioners to stay afloat on the tide of new maternity care research. This session offers a tour of the very latest birth-related research, from pregnancy and postpartum, to help you feel refreshed and up-to-date.

Session 102
Calmbirth vs other programs: Revealing the Results
Jane Svensson RM MPH PhD
A comprehensive evaluation of childbirth education programs.

Wild Cards: Impact on Birth
Rhea Dempsey TPTC DipCBE GradDipCouns&HumServ
Supporting women through the challenges presented by any wild cards - emotional, psychological or social wounds, carried by some women. These can manifest as fears and deep resistance, which can disturb the hormonal physiology of birth.

Rhea Dempsey is also presenting a full-day Pre-Conference Workshop Education for Normal Birth. See Page 3.

1230-1330  Lunch

1330-1500  CONCURRENT SESSIONS
You attend either 201, 202 or 203 for the entire session

Session 201
Decreased fetal movements during pregnancy
Paula Dillon RN RM BN GradDipMid MMid
Fetal movements are an indication of fetal wellbeing, and are reassuring to both women and maternity health care providers. How can we best educate women about getting to know their baby and dispel unhelpful myths?

First-time Mothers’ Experiences of Induction
Tessa Kowaliw BA GradDipEd
A snapshot of the inconsistencies of induction protocols, the deficiencies of prenatal counselling and the long-term effects of induction for women.

The risk/monitoring relationship
Kirsten Small BMedSc MBBS MReproMed GradDipHlthRes
The evidence around selected examples of the risk / monitoring relationship will be explored through a post-structuralist lens, questioning who stands to gain the most from this approach to maternity care.

CONCURRENT SESSIONS
Check the Conference Notice Board for room allocations for these Concurrent Sessions.
Session 202
Routine weighing of newborns
Margaret Wendt RN RM BHSc IBCLC, Wendy Huntley RM BMid DipHSc, Penny Estillore RN RM MMid
A review of the evidence and the current practice of routine weighing of newborns at Logan Hospital.

Optimal Cord Clamping
Anne Barnes RN RM
Despite the evidence, many hospitals do not practise optimal cord clamping. We look at the rationale, and some practicalities.

Joys and challenges of looking after women with high BMI
Beata Gidaszewski RM
A case-based presentation highlighting specific differences to consider when providing pregnancy, labour and postnatal care for women who are overweight or obese in the context of existing evidence.

Session 203
Binji and Boori
Linda Deys RM BHSc IBCLC and Jaime Key AHW
Providing woman-centred care through an Aboriginal Maternal Infant Child Health Service in Nowra.

Salt water midwifery: Caring for women and family
Victoria Elborough RM BSc(Hons), Louise Paul RN RM, Meaghan Kennedy RN RM BN GradDipMid IBCLC, Kath Brundell RN RM MMid
The challenge to meet women’s physiological, emotional and educational needs in a woman-centred and culturally appropriate way is often great. Reflections from midwives working on country will be presented.

1530-1700   PLENARY SESSION

Mothers Matter
Belinda Costello RN
In balancing risk, baby’s health is often prioritised over that of the mother. What does this say about how we value mothers and women, and how do we move forward?
Birth film by Gregarious Peach.

Birth Matters
Alison Barrett BSc MD FRCS(Can) FRANZCOG
Birth experiences are important in shaping the wellbeing of the mother baby dyad. At the same time as we are discovering more about the significance of these experiences, we have constructed a maternity system where the unfolding of normal hormonal physiology is increasingly impaired. Every mother and baby can benefit from a knowledge of, and support for, physiological birth practices.

Conference Dinner
1830-2300
The Pullman King George Square Hotel
Theme: Glitter and Glam
Entertainment: Music, Open Mic, Quiz with Sara Wickham.
Purchase tickets separately.

The Passage to Motherhood Conference 2017
Fabulous speakers, networking and socialising, PLUS:

- Red Tent Spaces for relaxing and craft activities
- Free prize drawings
- Film Previews
- Exhibits
- and much more..
**FRIDAY 12 MAY**

**0730-0900**  Conference Registration - Tea/coffee

**0900-1030**  PLENARY SESSION

**Welcome**

**Keeping the first birth normal**

*Hannah Dahlen RN RM BN(Hons) MCommN PhD FACM*

Most obstetric intervention occurs in first-time mothers. What happens with the first birth sets patterns for future births, so investing in the first birth is a long-term investment in the health of mothers and babies.

**Can midwives help stop the birth trauma tidal wave?**

*Debby Gould BN GradDipMid and Melissa Bruijn BA*

Midwives are perfectly placed to reduce the isolation of a woman after a traumatic birth and support her journey to healing.

**1030-1100**  Morning Tea

**1100-1230**  CONCURRENT SESSIONS

You attend either 301, 302, 303 or for the entire session

**Pre-register by email for Session #304 - limited places.**

**Session 301**  Humane Caesareans

*Alison Barrett BSc MD FRCS(Can) FRANZCOG*

The increase in caesareans has not been accompanied by significant changes in the environment and emotional experience for women. We review the known physiological differences between vaginal and caesarean birth, and outline practical ways for health professionals and families to create a better experience for mothers and their surgically born babies.

**Increasing vaginal birth after caesarean section (VBAC): The OptiBIRTH Trial**

*Cecily Begley RM MSc PhD FTC*

If the OptiBIRTH intervention is acceptable to clinicians and women, and increases VBAC rates safely, its introduction across Europe could prevent 160,000 unnecessary caesarean sections annually.

**Using the master’s tools to dismantle the master’s house: Refusal of recommended maternity care in a tertiary hospital**

*Rebecca Jenkinson PhD candidate*

This presentation will report on a mixed methods study of refusal of recommended maternity care, through the lens of a process, adopted by one Australian tertiary hospital, for documentation and communication amongst clinicians when pregnant women declined recommended care.

**Session 302**  The Complementary Therapies for Labour & Birth Study

*Kate Levett BEd MPH PhD*

A randomised controlled trial of antenatal integrative medicine for pain management in labour and economic evaluation.

**Chinese Medicine and Acupressure for Pregnancy and Birth**

*Sarah J George BHSc(Acu) MHRSc(TCM) BBus(Man)*

This presentation will explore these traditional treatments with current research findings including a practical session on acupuncture for pain relief and labour.

**Session 303**  The woman’s experience of unplanned out of hospital birth

*Belinda Flanagan RN RM MMid PhD candidate et al*

Reporting on the interviews with women who had birthed in paramedic care in Queensland. This study identified a series of factors that contribute to the planned hospital birth occurring in the out-of-hospital setting.

**Needs and experiences of women who choose homebirth in Australia**

*Heather Sassine BHSc(TCM) BMid*

Results from a national study aiming to discover how current maternity system practices, recent regulatory changes and political, legislative, insurance and funding issues are influencing the choices of women who plan a homebirth in Australia.

**Why do women choose an unregulated birth worker to birth at home in Australia: A qualitative study**

*Elizabeth Rigg RN RM BLM MMid PhD candidate*

Freebirth with an unregulated birthworker (UBW) has increased. This research (recently updated) explored the reasons why women choose this option.

**Session 304**  Sterile Water Injections

*Carolyn Hastie RM RN IBCLC MPhil PhD candidate*

SWI can provide a seemingly ‘magic’ relief for women with severe back pain in labour. This session will provide an overview of the science and a “hands on” experience of the technique, to give you another powerful tool in your birth ‘toolkit’

**Pre-register early for this special workshop by emailing events@capersbookstore.com.au as there are limited places.**

**1230-1330**  Lunch
Session 403  
Breastfeeding, birth trauma and mental health  
Jessica Offer  
Shedding light on how trauma and abuse affects the mother baby dyad.

The perfect storm of trauma  
Holly Priddis RM BN(Hons) PhD  
The results of a qualitative study into the experiences of women who have experienced birth trauma and subsequently accessed residential parenting services.

Mothers, milk and mental health  
Amanda Donnet BPsych BSc(Hons) MClinPsych MAPS  
Supporting breastfeeding mothers with mental health concerns in the perinatal period.

The aftermath of interpersonal birth trauma  
Rachel Reed RM BSc(Hons) PhD  
Presentation of findings from a study examining women’s descriptions of childbirth trauma relating to care provider actions and interactions.

Session 402  
Midwives, stress and burnout: Exploring strategies and solutions  
GeorGina Kelly RM BSc(Hons) & Lianne Schwartz RM MHlthRes  
Strategies for midwives to cope with burnout and Post Traumatic Stress (PTS). Evidence supports developing awareness, empathy, and mindfulness as effective in navigating challenges, maturing in confidence and personal abilities, recognizing limits, clarifying values, and being more compassionate. These practices will enhance midwives’ emotional health to better prepare them to support women. Experiential activities will include cultivating mindfulness through meditation, mindfulness of breathing and energy psychology tools.
The Passage to Motherhood Conference 2017 Program

KEYNOTE SPEAKERS

Alison Barrett BSc MD FRCS(Can) FRANZCOG is a Canadian trained consultant obstetrician and gynaecologist working in New Zealand. She is a training supervisor for the RANZCOG, a trustee for Home Birth Aotearoa Trust, an active La Leche League leader and serves on the LLLNZ professional advisory group.

Hannah Dahlen RN RM BN(Hons) MCommN PhD FACM is Professor of Midwifery, Western Sydney University and a former National President of the Australian College of Midwives. Hannah has researched women’s birth experiences at home and in hospital and published extensively in this area.

Sara Wickham RM BA(Hons) MA PGCert PhD is a midwife, educator, writer and researcher working independently and dividing her work time between teaching, writing, blogging, facilitating online courses, creating resources undertaking a wide variety of consultancy projects and advisory activities.

Anne Barnes RN RM GradDipMid is a midwifery educator at Werribee Mercy Hospital, Melbourne.

Cecily Begley RM MSc PhD FTC is the Chair of Nursing and Midwifery, Trinity College Dublin, University of Dublin. She has led many research teams including those focusing on physiological childbirth, women-centred maternity care, care of women with disabilities, and self-esteem and assertiveness in student nurses and midwives.

Melissa Bruijn BA established Birthtalk in 2002 with Debby Gould. Melissa experienced a first traumatic birth, followed by an empowering VBAC and then a waterbirth. Together they wrote How to Heal a Bad Birth.

Kath Brundell RN RM MMid is a lecturer at the Australian Catholic University, Melbourne.

Belinda Costello RN is a mother of 4 children, 3 of whom were born at home. She is an active consumer advocate.

Rhea Dempsey TPTC DipCBE GradDipCouns&HumServs is an independent Childbirth Educator, Trainer, Birth Attendant and Counselor (with a Certificate in Gestalt Therapy). As a birth attendant, she has been privileged to attend more than 1000 births in hospitals and home settings. Rhea is the author of the popular Birth with Confidence: Savvy Choices for Normal Birth.

Linda Deys RM BHSc IBCLC is a Clinical Midwifery Specialist with the Aboriginal Maternal Infant Child Health Service, Nowra.

Paula Dillon RN RM BN MMid is a Childbirth and Perinatal Education. Paula is a member of PSANZ Stillbirth and Neonatal Death Alliance and works as a midwife at Greenslopes Private Hospital and a sessional lecturer at the Australian Catholic University in Brisbane.

Amanda Donnet BPsysch BSc(Hons) MClInPsych MAPS is a registered psychologist supporting mothers and their families through the challenges of early parenting.

Annie Eaves RN RM MMid is active in maternity reform and has been Assistant Secretary with the QNU since early 2015.

Victoria Elborough RM BS(Hons) is a midwife at Gove Hospital.

Penelope Estillero RN RM Mid is a clinical midwife at Logan Hospital.

Belinda Flanagan RN RM MMidPhD candidate is the Program Coordinator of the Bachelor of Paramedic Science at the University of the Sunshine Coast. (Co-authors of this study are Professor Margaret Barnes, Assoc Prof Bill Lor and Dr Rachel Reed.)

Sarah J George BHSc(Acu) MRSc(TCM) BBus(Man) is a registered acupuncturist on the Gold Coast and Senior Lecturer in the Chinese Medicine department at the Endeavour College of Natural Health.

Beata Gidaszewski RM is a midwife with experience in all areas of maternity care. She is Clinical Midwifery Consultant for Women’s Health Research at Westmead Hospital.

Debby Gould RN GradDipMid established Birthtalk in 2002 with Melissa Bruijn. Together, they wrote Hot to Heal a Bad Birth. Debby has worked as a midwife but is now a childbirth educator and doula.

Michelle Gray RGN RM BS(Hons) MProfLearn PhD is a lecturer at the University of the Sunshine Coast with a particular interest in professional regulation, particularly midwifery registration.

Carolyn Hastie RN RM IBCLC MPhil PhD Candidate currently works as a AMIHs midwife at Kyogle. Prior to this she was a senior midwifery lecturer.

Wendy Huntley RN BMid Dip-HSc is a clinical midwife at Logan Hospital.

Bec Jenkinson is a PhD Candidate at the Midwifery Research Unit, Mater Research Institute, University of Queensland (MRI-UQ) School of Nursing, Midwifery and Social Work.

Georgina Kelly RM BS(C) works in the homebirth community and as a midwifery educator at Griffith University. She has been a mindfulness practitioner for 20 years.

Meaghan Kennedy RN RM BN GradDipMid IBCLC is a midwife at Gove Hospital.

Jaime Key PGCertSocialHealth is an Aboriginal Health Worker with the Aboriginal Maternal Infant Child Health Service, Nowra.

Tessa Kowaliw BA GradDipEd is a consumer advocate with several organisations including Women’s and Children’s Health Network (Adelaide) and the International Consortium for Health Outcome Measurement (Boston).

Kate Levettt BEd MPH PhD is a Research Fellow at the University of Notre Dame, and Adjunct Fellow at the National Institute of Complementary Medicine (NICM) at Western Sydney University.

Eve Neely BHSc PhD is a lecturer, School of Public Health, Massey University, New Zealand. (Co-authors are: C Severinsen, C Conlon and R Hughes.)
**SPEAKERS (Contd)**

Jessica Offer is a freelance writer and is studying journalism. She lives on the Sunshine Coast and is an active maternity consumer advocate.

Louise Paul RN RM is a midwife at Gove Hospital.

Holly Pridis RM BNsg(Hons) PhD is a midwife and a midwifery lecturer at Western Sydney University with a particular interest in birth related trauma and associated morbidities, and how these may impact on a woman’s idea of self, sexuality, and the early parenting experience.

Rachel Reed RM BSc(Hons) PhD is a senior lecturer at the University of the Sunshine Coast and the author of the popular blog Midwife Thinking.

Elizabeth Rigg RN RM BLearnMgmt MMid PhD Candidate is a senior lecturer at the University of Southern Queensland.

Heather Sassine BHSc(TCM) BMid worked in a midwifery group practice in Sydney until 2014 and now, with 2 small children, she is involved in midwifery research and advocacy.

Lianne Schwartz RM MHealthRes is a midwifery educator at Griffith University and lives and practises midwifery in Bali. Lianne co-facilitates workshops with GeorGina Kelly.

Kirsten Small BMedSc MBBS MReproMed GradDipHlthRes is a lecturer at Griffith University.

Alexandra Smith BA(Anthrop)(Hons) is a PhD Candidate at the School of Social Science, University of Queensland. She has recently been involved in volunteer work with the Australian Breastfeeding Association.

Julie Smith BEd(Hons)/BA PhD is an ARC Future Fellow, and Associate Professor, at the Australian National University (ANU). Julie led a 2015 consultancy for WHO on marketing of commercial complementary foods for infants and young children. (Co-author: Bob Forrester DipEd MSc Statistical Consulting Unit, ANU)

Jane Svensson RN MPH PhD is Clinical Midwifery Consultant Health Education at the Royal Hospital for Women in Sydney. She has been training antenatal and parenting educators on a consultant basis for 25 years.

Margaret Wendt RN RM BHSc IBCLC is a clinical midwife at Logan Hospital.

**INFORMATION FOR REGISTRANTS**

**Conference Venue, Accommodation & Access**

The Mercure Pullman King George Square Hotel complex is on the corner of Ann and Roma Streets, in the Brisbane CBD, near King George Square (and the Brisbane City Hall). These hotels are ideally situated – a short distance to transport, shopping, theatres, Southbank and many of Brisbane’s major attractions.

We recommend that you stay at either the Pullman or the Mercure (in the same complex). All the Conference activities will be held onsite, so this also gives you the opportunity to socialise and network.

To book accommodation:

- Tel 07 3222 1125 or email H8784@accor.com
- Mention that you’re part of the CAPERS Bookstore block booking; and then
- Email events@capersbookstore.com.au to tell us which hotel, and number of nights, and you will go into the draw to win a $150 voucher to be spent at the CAPERS Conference stand. This will be drawn at morning tea on Thursday 11 May.
- To find room-mates, try our Facebook page.

Further details on the Hotels at www.accor.com

Public transport is convenient. The Hotel is a short walk from Roma St and Central Stations, on numerous bus routes and a short walk from the City Cat Ferry. See www.translink.com.au or Tel 13 12 30.

From the Domestic or International Airport, take the AirTrain (www.airtrain.com.au) to Roma St Station. The single fare is approx. $17.50 and return $33, but you save up to 15% when you buy online. The Hotel is a 5 minute walk down Roma St towards the CBD.

King George Square Parking Station is opposite the Hotel. Mon-Friday Earlybird parking is $20 (instead of $35). See website to confirm charges and conditions www.brisbane.qld.gov.au

**Interested in sharing rooms and/or transport?**

Find us on Facebook and you can ask others attending the Conference.
Cancellations and Program Changes

- Cancellations received more than 30 days prior to the event will incur a $60 cancellation/administration fee: the balance refunded by the same method used to pay. After this time, no refund is available, although you may transfer your place to a colleague (ONLY if you notify the CAPERS office in advance).
- If CAPERS finds it necessary to cancel or postpone an event, a full refund will be given, but CAPERS will not be liable for any other expenses or claim (we recommend buying flexible airfares and accommodation, and travel insurance).
- CAPERS reserves the right to make any necessary changes to the advertised program (including the speakers), but will endeavour to minimise these. Refunds are not available due to program changes.
- There is some flexibility for caseload midwives. Please email events@capersbookstore.com.au for details.

Student Midwives

Full-time midwifery students (at the time of the Conference) can claim a 25% discount online off the relevant Conference fee when you register. To claim, enter the discount code/coupon STUDENT in the shopping cart. Then, email us a photo/scan of your student ID or other proof of your status prior to the Conference.

Spinning Babies Workshops

Due to its popularity, this Workshop will be repeated on Saturday 13 May, same venue, times and cost. Priority for the few places still available in the 10 May Workshop will be given to those also attending the Conference. See Page 4 for workshop details, and Register online or use the Registration Form (Page 12).

Exhibits and Advertising

Email events@capersbookstore.com.au for information on exhibits and satchel advertising. Satchels will be given to up to 500 participants attending one or more of the events (including the Consumer Forum) over the 4 days in Brisbane.

Registration for all May events closes on 1 May 2017. Onsite registration is not available.
The Passage to Motherhood Conference & Workshops

REGISTRATION FORM or register online at www.capersbookstore.com.au
Registering online saves you a $15 Admin Fee for registrations received by fax, mail or phone.

Name ____________________________________________ Preferred 1st name for name tag ____________________________________________
Postal Address ____________________________________________ Postcode __________
Email ____________________________ Tick to join CAPERS eNewsletter ☐
Best Contact Tel ____________________________ Employer ____________________________

Special dietary requests (close 2 weeks before any event) ☐ Vegetarian ☐ Vegan ☐ Coeliac/Gluten Free
☐ Serious allergies

<table>
<thead>
<tr>
<th>Discount Packages - Brisbane 9-12 May</th>
<th>Before 31.3.17</th>
<th>After 31.3.17</th>
</tr>
</thead>
<tbody>
<tr>
<td>A 1 day of Conference + 1 Workshop</td>
<td>$490</td>
<td>$540</td>
</tr>
<tr>
<td>B 1 day of Conference + 2 Workshops</td>
<td>$730</td>
<td>$800</td>
</tr>
<tr>
<td>C 2 days Conference + 1 Workshop</td>
<td>$680</td>
<td>$750</td>
</tr>
<tr>
<td>D 2 days Conference + 2 Workshops (9-12 May)</td>
<td>$885</td>
<td>$975</td>
</tr>
</tbody>
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Please register online for the CONSUMER FORUM 10 May

Earlybird registrations and fees must be received at the CAPERS office on or before 31 March 2017.

Discount packages: ☐ A ☐ B ☐ C ☐ D Enter the relevant amount here:
Please ensure you tick the specific workshops and Conference days below.

☐ Breastfeeding Workshop – Christina Smillie
  ☐ Sydney ☐ Melbourne ☐ Canberra ☐ Brisbane (10 May)
  $240.00 ☐ $260.00

☐ Labour Progress Workshop – Sara Wickham – 9 May
  $240.00 ☐ $260.00

☐ Education for Childbirth Workshop – Rhea Dempsey – 9 May
  $240.00 ☐ $260.00

☐ Spinning Babies – 10 May – Ginny Phang – Limited places
  $240.00 ☐ $260.00

☐ The Passage to Motherhood Conference ☐ Day 1 (11 May) or ☐ Day 2 (12 May) only
  $250.00 ☐ $280.00

☐ The Passage to Motherhood Conference - Both days
  $450.00 ☐ $500.00

☐ Conference Dinner 11 May
  (2 course meal, cash bar.)
  $75.00 ☐ $85.00

☐ Spinning Babies (Repeat) Workshop - 13 May - Ginny Phang
  $240.00 ☐ $260.00

TOTAL DUE AUD $ ____________________________ ____________________________

Payment Method
☐ Visa ☐ Mastercard ☐ Cheque (payable to CAPERS Bookstore) ☐ Direct Deposit (contact the office for Account details)

Please keep a copy of your submitted registration form

Name on card ____________________________ Signature ____________________________

Credit Card No. ____________________________ Exp / __________

Please circle the amount you are paying, and total.

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