Breastfeeding: Assessment and Support

5 May – Sydney | 6 May – Melbourne
8 May – Canberra | 10 May – Brisbane*

Christina Smillie MD FAAP FABM IBCLC is a paediatrician with 30 years’ experience, and a practice dedicated to supporting breastfeeding mothers. It was the first US practice to focus entirely on this specialty. She is a Fellow of both the American Academy of Pediatrics and the Academy of Breastfeeding Medicine. Dr Smillie features in the bestselling DVD Baby-led Breastfeeding.

0830-1000
Breastfeeding: What do hands have to do with it?
We’ll look at how mothers and babies use their hands instinctively while breastfeeding, and describe several manual techniques for the prevention and treatment of a variety of breastfeeding problems.

1030-1200
Sleeping on the job: What late preterm, jaundiced and underweight babies all have in common, and the path to effective breastfeeding
When newborns are sleepy feeders, one problem can lead to another. We’ll look at how flow-dependent feeding creates a vicious cycle that slows milk production, what to do about it, and how to prevent problems in the first place.

1300-1430
Examining the lactating breast and the breastfeeding baby
Clinical pearls: Using magnification, soft palpation, and the rolling manoeuvre to evaluate nipples. Distinguishing a healthy normal posterior frenulum from a restrictive one. Why a strong suck is not necessarily a good one…

1430-1600
Nipple pain
Yeast isn’t the only cause of nipple pain. We’ll look at a variety of nipple afflictions, their differing histories, exams, and management—from straightforward injuries to complex issues with multiple interacting breastfeeding, breast, nipple, mouth and mother-baby issues.

Breastfeeding: Clinical Skills Update

7 August – Canberra | 8 August – Melbourne
10 August – Sydney | 11 August – Brisbane

Cathy Watson Genna BS IBCLC has worked in private practice in New York city since 1992 and is particularly interested in medical challenges to breastfeeding. She is the author of the popular Supporting Sucking Skills in Breastfeeding Infants, professional journal articles, and chapters in the Core Curriculum and Breastfeeding and Human Lactation.

0830-1000
Evidence Based Lactation Support: Anatomy, Physiology and Function
Recent research has revolutionized our understanding of breast anatomy, the physiology of the control of milk synthesis, optimal positioning, and the infant’s contribution to breastfeeding success. This presentation highlights these new findings that affect how we support and assist mothers in learning to breastfeed their infants.

1030-1200
Red Flags
How do you distinguish between harmless temporary issues during lactation and signs and symptoms of serious conditions that require immediate referral to a health professional? This presentation illustrates maternal and infant “red flags” and helps differentiate those that are transient from those that may become dangerous.

1300-1430
Tongue-Tie
We weave our way through the main controversies to focus on what health professionals (especially midwives, lactation consultants and child health nurses) need to know to assess, diagnose and refer.

1430-1600
Interactive Case Studies
This series of case studies provides an entrée to discussion of evaluation and clinical decision making around lactation difficulties. The interventions and outcomes used are revealed after the audience discusses what strategies they might try, and alternative approaches are validated.

6L CERPS have been allocated to the May workshop by the IBLCE, Approval No. C21705. An application for CERPS for the August workshops has been submitted. These workshops provide 6 contact hours (or CPD points) and you will receive a Statement of Attendance.

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CAPERS 2017 Breastfeeding Workshops

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May Workshops
Christina Smillie
Ο Sydney ο Melbourne ο Canberra ο Brisbane

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August Workshops
Cathy Watson Genna
Ο Canberra ο Melbourne ο Sydney ο Brisbane

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